

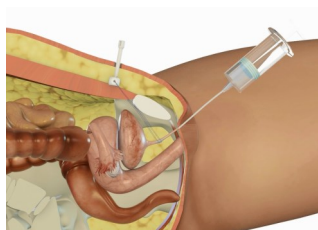
ADJUSTMENT GUIDE

24-48 hours Post-Surgical Adjustment

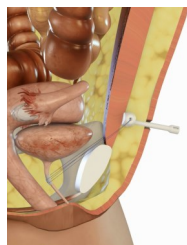


24-48 hour after the surgery, (depending on patient's surgical recovery status) the sling level will be adjusted up to the minimum urethral support level to reach continence and avoid retention.

- 1- Explain the patient the procedure we will follow to reach continence.
- 2- Remove the gauzes that were placed over the manipulator to protect it after surgery.



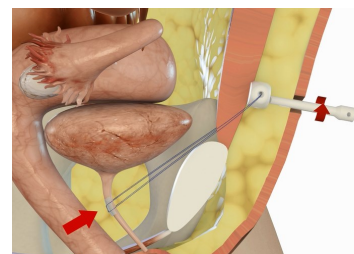
3- Inject 250-300 cc of saline into the bladder (just up to the patient's first voiding sensation).



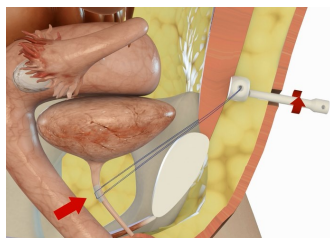
4- Withdraw the urethral catheter and ask the patient to stand up over a floor pad.



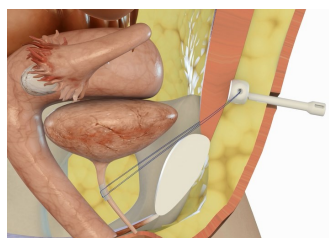
5- Ask the patient to perform Valsalva maneuvers. If leaking, turn the manipulator three complete clockwise turns and ask the patient to perform the Valsalva maneuvers again.



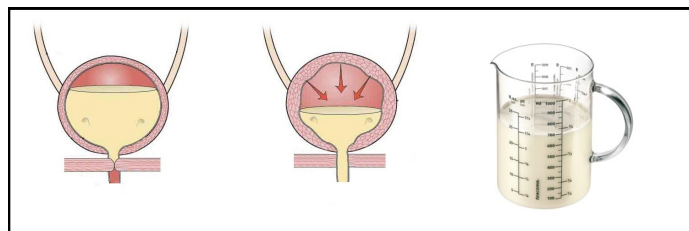
6- If still leaking apply three manipulator clockwise complete turns and ask the patient to perform Valsalva maneuvers again.



7- Repeat the step 6 until the patient is continent.

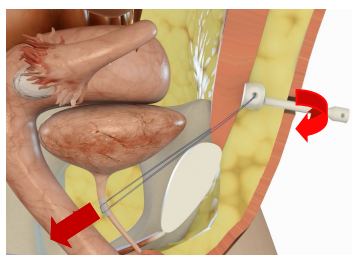


8- When the patient is continent, we know that three complete turns before she was incontinent (so the sling is at the minimum urethral support level for continence, and no more).



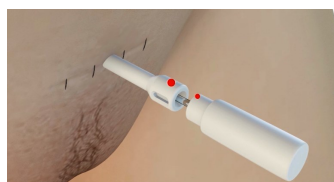
9- Ask the patient to go to the toilet for voiding and measure the residual.

10- If residual is less than 100-150cc., disconnect the manipulator and discharge the patient (go to point 13).



11- If residual is more than 150cc., decrease the sling Support level by minimum 10 counterclockwise manipulator complete turns, while helping the urethral descend by a rigid urethral catheter.

12- Restart the protocol from point 3.



13- To disconnect the manipulator, insert the disconnecter into the manipulator (the two dot marks will be aligned). Turn the disconnecter 1/4 to align the disconnecter dot mark with the manipulator line mark, and pull the manipulator out of the skin incision.

14- Close the minimal abdominal incision by Steri-Strips or stitches.